

# The Future Is Now



## What is "The Future Is Now"?

The Future is Now is a multi-part series designed to help caregivers and their family members with a disability make plans for the future. Throughout the series, families create a Letter of Intent -- a non-legal document that captures desires and goals for the future. Creating a Letter of Intent helps families gain the peace of mind that comes with having a plan.

Each session offers an opportunity to learn about:

- Hopes, dreams and worries for the future
- Future living arrangements
- Expanding personal networks
- Supports for older caregivers
- Maximizing public benefits
- Who holds the story

## Who should attend?

Those looking to start planning for the future of a family member with a disability. All members of the family are encouraged to attend, including caregivers, the family member with a disability, siblings, close family friends and especially those who are aging.

## How will it work?

Sessions will be hosted by facilitators from Miami County Board of Developmental Disabilities (MCBDD). Family members will have a chance to ask questions, gather resources and interact with one another.

**Wednesdays,  
February 5, 12, 19 & 26  
3-5pm  
at MCBDD**

1625 Troy Sidney Rd., Troy, OH  
(In the Training Center at the  
back of the building)

**REGISTRATION  
REQUIRED**

**To Register:** Contact Nicole Adkins at 937-440-3046 or [nicole.adkins@miamicountydd.org](mailto:nicole.adkins@miamicountydd.org)